

EPPING EASTWOOD FOOTBALL CLUB INC. ISSUE 1 JAN 2011

President's letter

Greetings one and all and welcome to our 59th season. To all those who have joined us for the first time we say, "Welcome", and congratulations for choosing the Tigers. We hope that this will be a long and happy experience for you.

To the large group of Tigers who have returned we say, thank you. Your Management Committee will continue its work to make this another great season.

Since we last met through the pages of Tiger Talk we have witnessed many changes within the Club, some major, some not so, but all we hope will be to the benefit of your Club.

One of the most significant changes has been the full returfing of our home ground, Boronia Park. This now completes a project that commenced 4 years ago when we had new drainage laid under the field. Now we have a new playing surface. This was a joint venture by Parramatta City Council and your Club. The work took some months to complete and was finished on Christmas Eve. The net result is we have a field that is weed free with a good coverage of grass that has been top dressed with sand to further improve the drainage.

We will still have to work with the environment. That is, the trees that surround the field causing lack of sun during the winter. We will see what the season ahead brings.

We welcome Tony Makerry as our new Head Coach of our Premier League team. At the same time he will be available to assist coaches from our other teams. This appointment fits into our Club objective of improving our coaching talents and it is indeed gratifying to see many of our current coaches taking on extra activities by attending coaching courses. This is something which we as a Club, are committed to improving, for the benefit of all our players.

This issue of Tiger Talk has been produced in hardcopy. Subsequent editions will be sent via email and will also be available for viewing on our website. We welcome comments, suggestions and team reports along with photos. Please send your material to: eewtiger@tpg.com.au We thank Michelle McCoy who has for many years done a fantastic job of editing Tiger Talk. We welcome our new graphic artist, Michele Chan, this being her first issue of Tiger Talk and look forward to a long and happy association.

This is a busy time for all of us, getting teams formed, nominations to GHFA etc. This season I would expect that we could have in excess of 14 000 people playing the game within the 34 clubs who make up the association. Without a doubt the man under the greatest pressure is the Club Registrar, Scott McGoogan. Any help you can give him will be appreciated. We can all start by ensuring that our paperwork is all filled in correctly. Those who need to renew ID photos should ensure they have them done quickly.

Training can commence on Fred Spurway Reserve (Mobbs Lane) immediately. Boronia will remain closed for training as is Epping Oval. We will inform you when they become available.

Credit Card payments this season will be billed to you under our name, Epping Eastwood FC.All cards are welcome except American Express, and will attract a small service fee.

Trial games will happen during March, usually on Sundays. I am aware we have accepted

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#### **CLUB OFFICIALS**

President Ian Kendal 9858 1605

Treasurer Daren Freeman 0400 572 870

> Secretary Ian Smith 9876 5708

Boronia Park Wet Weather & Saturdays 9869 0267

EPPING EASTWOOD WEBSITE For all the competition tables and results of your EEW Tigers teams see www.eppingeastwood tigers.com.au



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Last season a unified Code of Conduct was introduced throughout GHFA which helped to reduce the number of 'incidents'. This is reissued – make sure you have received a copy. Ignorance is no excuse. This document can be found on our website.

Likewise, a further revised & updated P & DC covering red cards etc will later be issued. The current one was a great success. Hopefully the Tigers will be well behaved – we are all here to enjoy the game.

So, we are off and running for season 2011. Let's all enjoy the game and each others company and along the way make lasting friendships in the family club, your club, Epping Eastwood FC.

Till next we meet, Go You Tiger's Go

Regards, Ian Kendal 98581605

## **MEET OUR NEW LIFE MEMBERS**



At the last AGM of the Club, two people were sponsored and approved for Life Membership of our Club and to them we extend our congratulations.

Darren Freeman (Foxy) has been and continues to be involved in all aspects of club life as a player, coach and on the Management Committee where he holds the position of Club Treasurer. He is one of the principals of "the Little Doers" and loves to talk about 'square metres'.

Anthony French (Tank) the junior of the 3 French boys to play all of their football at EEW, starting in the mini's (although in those days it was on a full sized ground with 11 players). He also has experience at all levels of Club life as a player and coach along with his involvement on the Management Committee. Over many years as part of the Epping Eastwood Football Family he has become widely known in the district and seems to have a never ending list of contacts that can be of assistance to our Club. Both men will be presented with their award at the end of year Club Dinner in September.

### CHANGES TO ACCIDENT INSURANCE

Football NSW has changed the conditions regarding the costs. In the past we had student's rates for those playing in U18 – U21's. This will no longer be the case. Our current fee structure reflects the changes, which means those age groups now pay the same insurance premium as an All Age player.

Whilst the overall cost of insurance has not changed those in that age bracket will have noticed a change to their fees. Insurance is compulsory. The policy, a copy of which will be issued at registration, is very basic. We certainly encourage seniors to have some form of private insurance. New club members should not be overly concerned. Whilst the game is a contact sport, serious injuries are rare. If an injury occurs, claim forms are available from Boronia – serious injuries should be reported to the Club Secretary, Ian Smith on 9876 5708 - treatment should commence immediately. Most competition fields have a basic first aid kit in their canteens with bandaids, bandages and creams to treat minor scratches. In the case of Mini teams, we will issue these items to the team managers, as many of the mini fields don't have canteens. At the competition level, U9 upwards, the team manager will carry out first aid – it is hard for parents to stand on the sideline – let the manager do it. If it is deemed to be a serious injury, the manager in conjunction with the referee will stop the game. If it is a back injury or a broken bone the player should not be moved and an ambulance called. The player should be made as comfortable as possible until qualified help arrives, usually within 15 minutes.

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## MINI FOOTBALL: Under 6, 7 & 8.

Mini football continues this season in the small-sided games format. This has been very successful over the past few seasons so we're looking forward to another fun-filled year.

Mini football is "non competitive", which means we don't have a competition ladder and the scores don't matter from week to week. The object is about learning and having a good time, not about who's "top of the table". Of course, the kids will still tell you the score and claim every goal was theirs (and a few extra too).

#### Under 6

For many of the Under 6s, it's their first time playing football (or any team sport). The aim is to make it a fun time, as well as learning the basics of the game. Kicking, passing, teamwork and scoring goals!

There are 4 players per team on the field (no goalies) so everyone will be involved in the action. The field is 30m x 20m with small portable goals, 2 metres wide and 1 metre tall.

#### Under 7

In Under 7s, we're hoping to build on the players' basic skills since most will have played before (although it doesn't matter if they haven't). There are 5 players per team on the field (no goalies). The field is 30m × 20m with small portable goals, 2 metres wide and I metre tall.

#### **Under 8**

This is the next step on the transition up to the big field. The team is bigger and so is the field. The players will start learning new skills including throw-ins and goalkeeping. There are 7 players on the field including a goalie. The field is  $50m \times 25m$  with permanent goals 5m wide and 1.5m tall.

#### Ranking of Teams.

No-one likes getting a 10 goal thrashing. But it can also be pretty boring if you win 10-0 every game. To avoid lopsided results week after week (there'll still be the occasional crazy score), we try to rank teams into appropriate groups. The best games are where the teams are evenly matched and this provides a more positive experience for our youngest players.

We do not grade our mini teams (grading is selecting players based on their ability). The mini teams are usually selected based on friend groups or partly at random. What team ranking is about is looking at the teams already formed and attempting to match them up against teams from other clubs of similar team ability. We will be ranking our teams following guidelines laid out by GHFA.

#### **Coaches and Managers**

Mini-football depends on volunteers to help out with coaching and managing (organising) the teams.These volunteers are usually the parents of players.That means we need your help to make this a successful season. It really isn't that difficult and can be a very rewarding experience.

The smaller size of the mini teams means a single person can act as coach/manager for each team (although some still like to split the roles). The joint training sessions and coaching classes will mean that even if you know very little about coaching football, you will quickly get the hang of things. The important part will be getting the kids on the field every Saturday.

Our coaches this year will also have the opportunity to gain FFA accreditation as a "Grassroots" coach. This involves participating in a 3 hour course (usually one evening) covering the basics of coaching at the U6-U8 level. Please let us know if you are interested in attending one of these sessions.

Of course, the more help the better and there's plenty of room for assistants.

Having plenty of help from the parents at training makes it lots of fun for everyone. We all learn a lot and the kids really progress quickly.

If you are interesting in being a coach or manager, please let us know at registration time and tick the box on your child's registration form. Even if you're interested but unsure what's involved, the committee members on the registration desk are happy to talk to you about it.

#### Training

Once again our mini-football coordinator, Don Walker, will be running the joint training session each week with all the mini teams. Don's going to need lots of help to continue this very successful program, so put your hand up for some fun. It beats sitting on the sideline.

Mini training will be held on Wednesday afternoons with all teams training at the same time.

This allows us to set up a series of drills and "skill stations" and have the teams rotate around each, as well as run practice games. Don and the coaches will be organising different activities each week to keep things exciting.

This arrangement also makes it really easy for inexperienced coaches to learn their role. There's plenty of help and lots of ideas.

And finally, if you have any questions you can call me, Chris Salmon, on 0417 696 001 (preferably in the evenings) or our Mini Football Coordinator, Don Walker, on 0401 348 412. Here's to another great year of Mini-Football with the Tigers. **Chris Salmon** 

Vice President

### **Summary of Important Dates**

Team allocation: Wed 23 February 5 pm to 6 pm at Boronia Park. Everyone gets introduced to their team and meets the coach.All mini players should come to this. Training starts: Wed 2 March.

Season starts: Sat 2 April. Games are always on Saturday mornings.

### Small-Sided Games for Under 9 and Under 10

Small-sided games (SSG) have become the pathway to better football for our young players. GHFA this year is extending the SSG program to the Under 10 age group. For those who played U9s last year, they will find the set-up in U10s to be the same.

Teams for both age groups are 9-a-side and the field is  $70m \times 40m$  with a 5m wide goal. All the usual rules of football apply including off-side. There will be a competition table (points for a win, etc) and the top teams at the end of the year will play off in the semi-finals and grand final, just like all the other age groups.

For those moving into U9s this will be their first year of competition. We will also be conducting player grading to select the teams. It is always a much more positive experience for young players to play with and against others of a similar level of ability so we attempt to select the teams to allow this to happen.

If you have any questions, please speak to one of the Club committee at registration, or give me a call.

Chris Salmon Vice President

## Need to Contact Us?

A full list of Club Contact details are listed on our website. For those of you who received Club Magnets last season those phone numbers are still current.

The web address is: eewtiger@tpg.com.au The Tiger Talk is published every 2 weeks during the season, holidays excluded. We welcome your comments and team reports (no more than 50 words). This year we would like to incorporate some action photos. Please email your comments to eewtiger@tpg.com.au by Wednesday morning each week.

## **IMPORTANT DATES**

## **FEBRUARY**:

Monday 21st, midday, team nominations close

Tuesday 22nd, GHFA Grading @ 7:00pm Wednesday 23rd, Mini Teams, U6/U7/U8 Meet & Greet & gear issued @ Boronia Park, 5:00pm

### MARCH:

Wednesday 2nd @ 5pm Boronia Park, Mini Training commences

Wednesday 9th, Team nominations close for U6/7/8 & Premier League

Wednesday 16th, 4pm, all other team nominations close

Saturday 27th, First competition game for Premier League

### **APRIL:**

Saturday 2nd, competition starts for all other teams. Details to be advised. (Draw is usually given 7 days prior to start).

Note: no games for Mini U6/7/8 on April 16

Questions, please call Ian Kendal 9858 1605

Managers & Coaches Meeting Date to be advised.

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