



TIGER TALK

EPPING EASTWOOD FOOTBALL CLUB INC.

ISSUE 1, APRIL 2014

President's letter

Well, at last we are on the field and ready to start Season 2014 – Epping Eastwood Football Clubs' 62nd season.

First, let me say welcome to all of our new players from U6 right through to All Age (45's) and Premier League. We hope that your time will be a long, happy and productive experience with the Club. If you have any questions, suggestions or comments please let's have them. We will do our best to get you the answers.

Like all clubs we are made up of players, coaches, managers and officials. Most importantly we are all volunteers, all trying to provide you with the very best football experience.

Your management committee has been very active – even stretched in getting teams on the park. They have spent an extraordinary number of hours in preparation for Season 2014 and are to be thanked and appreciated for their efforts.

Volunteers come in all shapes and sizes and so do many things in the running of the club. Parents are an important part of volunteers. You may recall when you registered that one of the things you did was agree to help when requested for such things as assisting in the canteen and on the BBQ, in dressing and undressing of fields. This works on a roster system and we all take turns to participate. Don't say "I am too busy" – we are all busy. We do it for our players, your sons and daughters – that is what being part of a club means and you are lucky to be part of Epping Eastwood, truly one of the great clubs. You don't last 62 years unless you have active volunteers – so be active and play your part. We can't do it without you. We don't ask for much but many hands make light work! Your teams' coach is either a player or a parent. They contribute hours every week for the benefit of the team as do the team managers.

Moving on to other items, let's start with team gradings. This falls into two sections. The division that is allocated to a team is derived from:

(A) where the team finished last year in the competition and the number of registered

teams in the current (2014) year and this to a very large extent is administered by Gladesville Hornsby Football Association (GHFA) of which we are part of along with another 33 clubs comprising some 14 000 players.

(B) we, the club, grade teams based on perceived ability of players over a series of grading matches. It's not always perfect but with our grading committee experience and sometimes assistance of the coaches we seem to do not too badly. Yes, we get some feedback, mainly from parents and we review our decisions. Let me stress people are invited to try out for Division One in any age group or can elect to play in say Division Three. I can tell you from experience that in many cases those in Division 3 are likely to finish higher on the tables at year end. Sure we would all like to strive for Division 1. That said, let's recognise our ability and importantly enjoy what and where we play.

In closing on this topic I would like to thank this year's Grading Committee, so capably lead by our hard working Vice President Chris Salmon, and his team. As Scott McGoogan (our Club Registrar) would say "If it was that easy we would all do it". Thank you for your support.

The last topic in this letter is to talk about trial matches. Aren't we pleased they are behind us! Just ask Jarrod Mitchell who spends hours preparing the times and places, liaising with other clubs, sending the program then only to find that teams from the other club have withdrawn and then he has to start all over again! It's a necessary nightmare and we thank Jarrod for his hard work and patience. Also a huge thank you to McLaren & son who every Sunday moved and setup EBHS for the trials – a lot of effort.

Well, that's it for the first Tiger Talk for Season 2014 – your team reports are most welcome as indeed are any comments you care to send me at: ewtiger@tpg.com.au
That's it till next we meet,
Go You Tiger's Go!

Ian Kendal

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Boronia Park
Wet Weather
& Saturdays
9869 0267

EPPING EASTWOOD WEBSITE

*For all the
competition tables
and results of your
EEW Tigers teams
see
www.eppingeastwoodtigers.com.au*

ABOUT TALOODLES

Founded in 2013, Taloodles is a registered charity that is dedicated to acquiring and training conforming dogs to assist in the care and treatment of people who have a disability that is attributable to one or more intellectual, cognitive, neurological, sensory or physical impairments.

Australian Labradoodles are unique in many ways, they have been purpose bred and developed over many generations for genetic strength and temperament. They are loving, gentle and highly intelligent animals with allergy friendly, silky, non shedding coats.

The tempered personalities of the dogs chosen for Taloodles allow the puppies to enter foster care at approximately 8 weeks of age to begin their training, they live with their foster care families for approximately 7 months. The foster care families are volunteers who look after the needs of the dog and invest hundreds of hours in attending training sessions with professional trainers, continuing that training at home and taking the puppies into as many different environments as possible so that they are comfortable and relaxed at all times. It is a very special process which ends with the dogs being placed with the recipient family. We work towards placing the dogs with their recipient families by the time they are 7-8 months of age so that they can develop a strong bond with their family.



We have recently placed Taloodles Daisy, a 12 month old chocolate female, with Bianca who is 11 years of age. Bianca has high functioning autism, receptive and expressive language disorders in the severe range, cognitive and intellectual delay and Attention Deficit Hyperactivity Disorder – all of these disorders make every day for her family challenging as all these disorders can present simultaneously. Daisy has been living with Bianca and her family for approximately one month and has already had an impact on some of Bianca's behaviours.



Taloodles Milo, is an 11 month old chocolate male, who has been placed with Alexandra who is 15 years of age. Alexandra was a promising athlete, however, in January 2013 she sustained a deep brain injury in a skiing accident, she is currently unable to speak and is in a wheel chair. Milo has been placed with Alexandra to provide her with physical and emotional support to enable her to continue her physical and speech therapy.

www.taloodles.com

TALOODLES

You may be surprised to read about this in Tiger Talk but we felt you should be aware that in a small way you are providing some support to this worthwhile organisation.

Epping Eastwood holds the winter lease on Boronia Park (over 62 years) for both Saturday and Sundays. We were approached in 2013 by this worthy charity asking if they may use Boronia Park on one Sunday in winter for their "Dog's Day Out" event. They did everything we asked of them and more. As a result of their magnificent efforts they raised over \$7000 which allows them to continue with their great work. This year, on the first Sunday in June we will once again be supporting them. Information can be found on their website: taloodles.com

It is a simple thing but helps to give those less fortunate in our community a helping hand.

GHFA COMMUNITY CHARITY

It is not well publicized that \$1 from every player's club fees is donated to the GHFA, meaning over \$13 000 a year is raised which in turn is donated to local charities such as Ryde & Hornsby Hospitals to name but two recipients. This has been done for a number of years now and is an initiative we can all be proud of.

FOR THE FIRST TIME

History is recorded in Season 2014 as Epping Eastwood moves into a new Age Division. For the first time we have entered a team in the Over 45 Division. The team is our former 35 Division team who have made the transition to 45 Division 1. For the benefit of some, here is a brief history. They have retained and added new players during the years they have been playing for the Tigers. The 90's was a "golden age" for this group of players playing Premier League being Premiers and or Champions for seven years of this decade and in 1994 they represented NSW in the Australian Amateur Championships in Adelaide and played against other State teams getting to the Grand Final. What an occasion that weekend in Adelaide was, one which your writer can still remember as the

one that got away.

In 2004 they moved to the 35's playing again in Division 1 and yet again under coach/player Peter Whiteside they won 4 Premierships, 6 Championships, 2 State Cups and a Champion of Championship title.

These boys/young men/adults have enjoyed a stellar career and have collectively given much back to the game they enjoy.

Under new coach Grahame McDougall assisted by Peter the boys now tackle the Over 45 Division 1 with some of the original players that started pre the 90's and we as a club wish them every success.

It would be remiss of me not to mention player/manager Anthony Mitchell who has done an outstanding job for over a decade in looking after the administration of the team.

FOOTBALL

We're referring to the round ball game otherwise known as soccer - not the collision-heavy oval ball codes. Numbers of over 45s football players have been steadily rising over recent years, currently topping 8500 in NSW, according to Football NSW figures.

Several of these players are pushing well into their 60s and beyond, prompting many clubs to increase their numbers of over 45s divisions and also consider adding over 55s options. Some of the clubs which have introduced smaller fields and shorter halves to make the game more accessible to young children, are offering similar conditions to keep seniors in the game. Football NSW CEO Eddie Moore says older football divisions give senior players the opportunity to socialise and be competitive at a "respectable speed".

"Being in that team environment gives you a chance to connect with other blokes your own age. This has great wellbeing benefits. You get the team camaraderie, not just the exercise on its own."



Credit:
Sunday Telegraph March 9



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INSURANCE

Part of your fees are used to pay for mandatory insurance which is organized by Football NSW.

We hope you never have to use it.

Points to note:

- *We don't want anyone to get injured and in the main that actually happens*
- *The amount of cover provided is minimal*
- *In broad terms it covers things that Medicare does not*

Claim forms are available on the GHFA or our club website. Your team manager has a leaflet that explains how it works. The claim form comprises several pages.

We always say private insurance is the way to go. However, you are encouraged to use the policy even if you are not claiming a rebate, at the least to have the injury recorded.

If you make a claim send it to Ian Smith, 49 Downing St, Epping 2121 or give him a call if you need assistance on 9876 5708.



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CHANGES TO PROTESTS AND DISCIPLINARY COMMITTEE PROCEDURES

There are significant changes to the method of how the Protests and Disciplinary Committee (P & D) will operate this season and those who know their way around what was previously in place need to revisit the procedure.

The actual procedure is some 28 pages which can be found on our website or that of the GHFA. I have to tell you that the present document has been looked at and modified by a number of scholars from the clubs including our own Chris Salmon who would be regarded as 'our expert' in this matter. Set out below is a simplified version of the 28 pages. In some respects the changes are procedural. That is how and when. All team managers have a copy and are encouraged to submit the 'EEW Incident Report' more than ever. It may be critical to how the alleged incident may be handled. Players who receive a red card should receive it without comment to the referee. The only person who can discuss the matter with the referee is the

Team Manager at the end of the game. They are entitled to ask the Code that the player is charged with.

It is vital that the player should not engage in any commentary. Likewise if you receive a red card leave the field of play immediately. Move away from the sideline and let your manager sort it out. In the heat of the moment further comments can only inflame the situation – red cards cannot be contested!

We are Epping Eastwood are proud to say that the number of incidents have decreased and that is good. We all want to enjoy the game – sometimes a challenge for the ball results in a careless tackle and we accept that. Foul language is not tolerated and certain words will get you a 6 week penalty. Attached is a list of the penalties. Enjoy the game – let's leave the whistline fever at home!

General Information for Clubs re – GHFA Grievance and Disciplinary Regulations 2014

Committees and Tribunals

1. *Disciplinary Committee (DC)*
2. *General Purpose Tribunal (GPT)*
3. *Appeal Tribunal (AT)*

Disciplinary Committee

- *The DC will deal with all red cards issued.*
- *A Notice of Suspension will be emailed to the players club as soon as practical after a decision is made by the DC*
- *Following receipt of the Notice of Suspension, the Club must notify the player and advise the player of the suspension.*
- *If the suspension is more than the minimum for the offence, the player's club may challenge the suspension under "Exceptional Circumstances" (7.4 of the GHFA G & D R)*
- *Any challenge must be lodged with GHFA by 10.00am on the Monday following receipt of the Notice of Suspension by emailing such challenge to nicole@ghfa.com.au.*
- *The Club when emailing a challenge must satisfy the DC that the suspension is exceptional and clearly excessive.*
- *The DC shall deal with a challenge of "Mistaken Identity" (7.4 of the GHFA G & DR) in a match officials send off or incident report.*
- *Notification of "Mistaken Identity" must be sent to the DC within three (3) days of the completion of the match or within three (3) days of receipt by the club of a match official's incident report.*

General Purpose Tribunal

- *The GPT shall deal with all incident reports and serious send offs directed to the GPT by the DC or General Manager. The GPT will also deal with any challenge referred to them by the DC.*
- *All decisions of the GPT will be conveyed by email to the player's club within two (2) days of the hearing.*

Appeals Tribunal

- *The AT will deal with all appeals from decisions of the DC and GPT.*
- *All appeals must be made in writing setting out grounds of appeal within seven (7) days of receipt by the club of the decision of the DC or GPT together with the relevant appeal fee (\$250).*

The GHFA Grievance & Disciplinary Regulations 2014 document can be found on www.ghfa.com.au

SCHEDULE 2: TABLE OF OFFENCES

OFFENCES BY PLAYERS AND CLUB/TEAM OFFICIALS AGAINST OTHER PLAYERS

Send Off	Description	Suspension	
		Minimum	Maximum
R1	Serious Foul Play	2 Fixtures	12 Fixtures
R1 Expanded			
	R1(A1) Tackle from behind that endangers the safety of an opponent	3 Fixtures	10 Fixtures
	R1(A2) Rugby Tackle or violent charging	2 Fixtures	8 Fixtures
	R1(A3) Over the ball tackle	2 Fixtures	12 Fixtures
R2	Violent Conduct Excessive force or brutality when not challenging for the ball (May occur either on or off the field, against an opponent, team mate or any other person.	1 Fixtures	2 Years
R2 Expanded			
	R2(A1) Head Butting	5 Fixtures	2 Years
	R2(A2) Punching/Fighting	2 Fixtures	8 Fixtures
	R2(A3) Kicking	2 Fixtures	12 Fixtures
	R2(A4) Pushing, grabbing or holding	1 Fixtures	6 Fixtures
	R2(A5) Running in to become involved in a melee, fight or other incident	2 Fixtures	12 Fixtures

	R2(A6) Elbowing to the head	4 Fixtures	16 Fixtures
	R2(A7) Elbowing to the body	1 Fixture	10 Fixtures
R3	Spitting at an opponent or any other person	1 Year	2 Years
R4	Denying the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (this does not apply to a goal-keeper within his own penalty area)	1 Fixture	4 Fixtures
R5	Denying an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or a penalty kick	1 Fixture	6 Fixtures
R6	Using offensive, insulting or abusive language and/or gestures	1 Fixtures	20 Fixtures
R6 Expanded			
	R6(A1) Swearing – moderate (ie in frustration and not widely audible) not directed to any specific person and non-threatening	1 Fixtures	8 Fixtures
	R6(A2) Using offensive, insulting or abusive language	2 Fixtures	8 Fixtures
	R6(A3) Using offensive, insulting or abusive language or gestures of a discriminatory nature (includes racist or sexist remarks or remarks regarding a person's religion, ethnicity or physical/other disability)	4 Fixtures	20 Fixtures
	R6(A4) Indecent, threatening or abusive actions or gestures	4 Fixtures	20 Fixtures
R7	Second caution in the same match	1 Fixture	1 Fixture

OFFENCES BY PLAYERS AND CLUB/TEAM OFFICIALS AGAINST MATCH OFFICIALS

Send Off	Description	Suspension	
		Minimum	Maximum
R2	Violent Conduct		
R2 Expanded			
	R2(B1) Offence not covered below	6 Months	10 Years
	R2(B2) Threatening or intimidating a Referee or Asst. Referee by word or action	6 Months	30 Years
	R2(B3) Tripping a Referee or Asst. Referee	1 Year	30 Years
	R2(B4) Pushing with an open hand, arm, shoulder, hip etc. with intent	1 Year	30 Years
	R2(B5) Striking with a ball or other object	1 Year	30 Years
	R2(B6) Striking: Punching, kicking, elbowing etc	1 Year	30 Years
R3	Spitting	1 Year	2 Years
R6	Use of offensive, insulting or abusive language and / or gestures against a Match Official	2 Fixtures	20 Fixtures
R6 Expanded			
	R6(B1) Swearing – moderate (including expressions of frustration) not widely audible and no-threatening –overheard by, but not directed at a match official	2 Fixtures	8 Fixtures
	R6(2B) Using offensive, insulting or abusive language directed at a match official	4 Fixtures	20 Fixtures
	R6(B3) Using offensive, insulting or abusive language or gestures of a discriminatory nature directed at a match official (includes racist or sexist remarks or remarks regarding a person's religion, ethnicity or disability)	4 Fixtures	20 Fixtures

R6(B4)	Indecent, threatening or abusive actions or gestures towards a match official	4 Fixtures	20 Fixtures
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MISCONDUCT

This section deals with offences by spectators and all participants where an incident has occurred and no red card sanction has been imposed.

Offence	Description	Minimum Sanction	Maximum
Misconduct (a)	Unsportsmanlike or unprofessional conduct	1 Fixtures	30 Years
Misconduct (b)	Brings, or may bring the game into disrepute	1 Month	30 Years
Misconduct (c)	Engages in violent behaviour or actions	1 Month	30 Years
Misconduct (d)	Is improper, threatening, abusive, indecent, insulting or discriminatory, whether by word or behaviour, regarding a person's ethnic origin, colour, race, nationality, religion, sex, sexual orientation or disability or any other reason	1 Month	30 Years
Misconduct (e)	Knowingly or wilfully engages in the "ring-in" of a player or players in any match or plays in any match while suspended or knowingly plays a suspended player in any match	1 Month	30 Years
Misconduct (f)	Is disrespectful or abusive of Match Officials or of their decisions	1 Month	30 Years
Misconduct (g)	Takes or makes action (physical or by word) against a player or team official	1 Month	30 Years
Misconduct (h)	Hinders the proceedings of the DC or a Tribunal	1 Month	30 Years
Misconduct (i)	Breaches any of the obligations imposed by GHFA or FNSW By-Laws	1 Month	30 Years
Misconduct (j)	Breaches GHFA's or FFA's Code of Conduct	1 Month	30 Years